



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2010

Sporting Excellence in Karate

National Level

Ben Harrison

This is to certify that Ben Harrison has achieved the standard of Sporting Excellence in Competition Sport Karate. Ben competed at National Championships throughout England in 2010 winning the medals and titles listed below:-

Championship Success - 2 Bronze

Northern Open Championships - 6th June, Manchester

Bronze - Pairs Kata

Shindo Kai National Championships - 14th November, Barnsley

Bronze - Pairs Kata

Congratulations on your sporting achievements throughout 2010. Well done Ben.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

